



*I am pleased to recommend Professional Training Events to fellow counsellors and other professionals.*

*Jan Brand*

**Professional Training Events** was designed to create a variety of high quality training opportunities to stimulate and inform professionals working in counselling, teaching, nursing, and care services in the southwest.

They recognise that many high quality training opportunities involve travel (often to London), which adds to the expense and time taken. All of us have limited time and resources and would love to see more easily accessible training opportunities.

Jenny and Jane started **Professional Training Events** because they felt the need for a more diverse and stretching range of training opportunities locally. Both have always been passionate about training, believing that the need to maintain ourselves professionally and personally by gaining input, networking and having fun through good quality training events is a key to a successful and happy career.

They asked BEAT (The Eating Disorder Association) to bring their training to our local area, and were delighted to be able to offer this at a cheaper cost than if you attended the same course in London.

They have a range of course for the future but are always interested in hearing from you what your needs are. Please email with comments and suggestions.

#### **Future Courses:**

Avoiding Counsellor Burnout  
Working with Sexual issues  
Managing Anger in the Counselling Room  
Managing Stress  
Life/Work Balance

## Working with Eating Disorders

One-day CPD Training provided by BEAT  
(Eating Disorders Association)

**Friday 6<sup>th</sup> November 9.30am to 4.30pm**  
**At Buckerell Lodge, Exeter**  
Cost: £100 - includes lunch

The day is aimed at Professionals (Counsellors, Teachers, Social Workers etc;) who need to learn more about eating disorders, either to prevent them, or to support those affected by them.

BEAT run this training in London at a cost of £150 but PTE have negotiated this exclusive event in Exeter at a reduced cost.

*"I really enjoyed the training, it will help me to identify eating disorders and be able to offer appropriate support"* Cardiff Public Health Team Training Day

*"Really good, really useful, thanks"* Support worker

*"Very clear, precise delivery. An interesting, valuable day on what could be a depressing topic"*  
St.Cenydd School

### Event booking form

BEAT Training Event on 6th November

This event is restricted to 30 delegates and places will be in high demand.

To reserve a place on the BEAT Training Event on 6th November 2009 at the Buckerell Lodge in Exeter please complete and return with your payment. Confirmation of your place will be sent upon receipt.

I enclose £100 to secure my place	
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Name	
Organisation	
Role	
Address	
Telephone	
Email	

Payment by cheque payable to:

Jane Hancock, 'Oak View', 52 Canterbury Way, Exmouth, Devon, EX8 5QQ.